

CAP Report January 2015



2015 brings a new cohort of young talented golfers to our County Academy along with a continued retention of players from 2014. We have an exciting year ahead as we continue to not only develop our players but to continually develop our coaching structure with new innovative coaching methodologies and interventions. We have an expert team of

PGA Professional coaches to implement the programme to include a new facility at Ross-On-Wye along with their PGA team.

Previously CAP has been seen as the first step into county coaching and sat beneath the GGU structures. As a forward thinking County we are in the process of integrating our Performance pathway into one seamless structure where players can move up or down the ladder at any point in their development.

Our boy's squad sessions are now under way across the county and our PGA coaching team are working hard shaping the programme to fit the needs of their squads. We are holding rules and etiquette sessions along with fitness and nutrition sessions this year to give our players the best possible tools to become the best they can be.



This year we have introduced a prize for the most improved player in each squad category. We have baseline, development and futures squads for both boys and girls and will be offering £50 towards their golf club membership for the player that demonstrates the most commitment an improvement throughout the year in each category.

We are also motivating our futures squads to hone in their short game by introducing a Par 18 short game challenge across the county. Futures squads will be tasked with playing Par 18 under tournament conditions at CAP sessions and their scores will be uploaded to our GCGP website on a Leader board each month. The winning score by 30th September will receive £50 toward their golf club membership on renewal.



Par 18 – Short Game Drill				
Name of Coach:			<input type="text"/>	
Name of Player:			<input type="text"/>	
Date:			<input type="text"/>	
Easy	Medium	Difficult		
<input type="text"/>	<input type="text"/>	<input type="text"/>		
<input type="text"/>	<input type="text"/>	<input type="text"/>		
<input type="text"/>	<input type="text"/>	<input type="text"/>	Score –	<input type="text"/>

I would like to welcome Ali as the Head of Girls development within our county. Ali brings a new youthful approach to the team and is already making her mark with new innovative ideas to attract and retain more girls into our performance pathway.

We are all very much looking forward to seeing Gloucestershire's County Academy players develop their skills and to monitor their progress as the season unfolds.

Steve Scott-Bowen – HEAD CAP COACH